



BOYS AND GIRLS SCHOOL HOLIDAY DEVELOPMENT DAY 2018

**FRIDAY
6TH
JULY
9AM-2.45PM**

**TRAIN LIKE AN AFL OR AFLW STAR
AFL DRAFT COMBINE TESTING
TACKLING & CONTACT SKILLS
NUTRITION & RECOVERY ADVICE
& MUCH MORE**

**\$110 PER PLAYER
MUST BE BETWEEN THE AGES OF 12-15
(INCLUDES LUNCH, DRINKS & SNACKS)**

**@ROWVILLE
SPORTS
COLLEGE**

Program designed by Eastern Ranges and Rowville Secondary College specifically for male and female football players aged 12-15

Find out what it takes to make it to the TAC Cup and AFL or AFLW & challenge yourself at our School Holiday Development Day

VISIT

<https://bit.ly/2xJDC8m>

FOR MORE INFORMATION AND TO BOOK

DETAILS:

Date: Friday 6th of July

TIME: 9am-2.45pm

Venue: Rowville Secondary College
Humphreys Way, Rowville 3178

Cost: \$110 per player
Includes lunch, drinks and snacks

CONTACT THE CLUB:

Zak Kennedy

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EASTERN RANGES FOOTBALL CLUB:

www.easternrangesfc.com.au



TOWARDS



TAC